



Dear Patient,

Welcome to FY YUZA 8 We are excited to see you on your way towards improved health and wellness through medical cannabis. This page contains important information about the Florida Medical Cannabis Program. Use this as your guide to your time as a medical cannabis patient.

It is important to understand that cannabis is not a medication, and it puts the patient in control of their treatment regimen. We've created resources and offer support to help you with this, but if you cannot make this commitment to this medicine as unlikely as it may work for you.

Since cannabis cannot be prescribed legally like traditional medication. You will receive recommendations and orders, unlike typical prescriptions. It will not specify the medication exactly, how much to take, or when to take it. We will provide you with the knowledge and guidance on how to start, but ultimately you will be in control of your doses and method of delivery. While this does take time to learn and experiment with, patients love the sense of empowerment that the flexible nature of cannabis medicine brings.

As much as we would like to help we can not call in specific orders to dispensaries for you. It is your duty to decide on products and set your orders with the dispensary of your choice. You are not restricted to purchasing from a single dispensary. We advise experimenting with a variation of products and dispensaries until you find your optimal combination - the best dose and delivery method and remember - begin with a moderate dose and progress slowly over time.

The Office of Medical Marijuana Use is entrusted with overseeing the patient and caregiver registry cards. Should you have any questions or need help with any aspect of the card application or approval process it is necessary to contact the OMMU at 1-800-808-9580. It is advised that you follow the application directions thoroughly to avoid any impediments to your approval.

During your cannabis journey, we are obliged to answer quick questions, but in the case that you require more comprehensive care, we will inquire that you schedule an in-office visit. We also have cannabis coaching assistance available for patients who need to continue one on one support or education but do not need to see the physician.

We are so thankful that you chose us as part of your journey towards better wellness. We are excited we provide a personalized and compassionate cannabis healthcare experience. We are deeply invested in providing an experience that reflects individual attention, compassion, honesty, and trust. If you know how we can improve on your experience please feel free to reach out.

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How to Use This Guide

This guide is split up into two main sections - Florida’s Medical Marijuana Program, providing an overview of program logistics and office policies, and Cannabis 101, an introduction into using medical cannabis. Take it slow, be patient with yourself, and keep this guide as a reference. We recommend reading it straight through at least once. Then consult it as needed, using the index to direct you to the appropriate section.

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SECTION 1: FLORIDA'S MEDICAL MARIJUANA PROGRAM

Medical Marijuana Use Registry (MMUR)

The Florida Medical Marijuana Use Registry (MMUR) is the online hub of the State program. *It can only be accessed by patients, doctors, dispensary staff, law enforcement, and the Office of Medical Marijuana Use.* It is not cross referenced with any other database such as concealed carry permits or occupational licenses.



Within the registry patients can access initial and renewal applications, see medication orders, and track renewals. The MMUR also allows patients to see their entire order history, how many milligrams are currently available to be dispensed, and order expiration dates.

MMUR: <https://mmuregistry.flhealth.gov/>

Phone: 1-800-808-9580

Email: medicalmarijuanause@flhealth.gov

Setting Up Your Account

- Open the emails sent to you by the Office of Medical Marijuana Use (OMMU) and follow the instructions to login and access your Medical Marijuana Use Registry (MMUR) account. They will supply you with a temporary password.
- If you can't find the emails check your junk/spam mail or have a password re-sent using the forgot my password feature at <https://mmuregistry.flhealth.gov/>. *The email address you provided to us is your login.*

Submitting Your Medical Marijuana Use Card Application

Prior to purchasing medication you must complete a card application and receive approval from the state.

Please complete your application as soon as possible as we will NOT be able to extend certifications for delayed applications. You can complete this application online or by paper.

To Apply Online:

- Login to the MMUR at <https://mmuregistry.flhealth.gov/> and click YOUR CARD.
- Upload a passport style photo (unless your driver's license/ID photo has been automatically uploaded from the DMV database).
- Upload proof of residency (Driver's License or State ID). Your address on your proof of residency **MUST** match the address in the registry. For other acceptable forms of residency consult the [OMMU website](https://knowthefactsmmj.com/patients/cards/#requirements). (<https://knowthefactsmmj.com/patients/cards/#requirements>)
- Sign & submit the application.
- Wait for the screen to refresh and submit your payment. This completes your application.

To Apply by Mail (Paper):

- ❑ Complete all sections of the [application](#), including Registry Patient ID Number.
- ❑ Attach a color 2" x 2" style photo and proof of residency.
- ❑ Make sure to sign and date the application.
- ❑ Include a check or money order made out to the Department of Health in the amount of \$75. Include your Registry Patient ID Number in the memo space of the check or money order.
- ❑ Mail completed application, additional documents, and payment to the Office of Medical Marijuana Use.

Application & Card Frequently Asked Questions

I didn't receive my initial email with my username and password. What do I do?

Use the 'Forgot My Password' feature on the MMUR website to have a password sent to you. Your user name is the email you supplied to us when booking your appointment.

How long will it take to receive my card approval?

Application processing time varies, but is typically under 3 weeks. Once approved, you will receive an email from the Office of Medical Marijuana Use. This approval email serves as your ID card and allows you to start purchasing medication until your physical ID card arrives by mail. Keep this email or your physical ID card on your person at all times.

Can you check the status of my application?

No. Our system does not allow us to see any information pertaining to application processing and rejections. You must contact the Office of Medical Marijuana Use directly for any issues related to application processing or status. They can be reached at 1-800-808-9580 or by email at medicalmarijuanause@flhealth.gov.

I received a rejection notice. Now what?

Correct the indicated errors immediately and call the application office to ask them to re-review it. The most common rejections is for proof of residency. Make sure your address matches the address listed in registry to avoid delays.

How often do I have to renew my card?

Your card is valid for one year. You must submit a renewal application online or by mail 45 days prior to expiration. The dates of your ID card do not coincide with doctors visits. You must maintain your office visits to maintain full legal status.

I'm still confused. Help!

Consult the OMMU's patient registry guides at <https://knowthefactsmmj.com/patients/cards/>.



Office Policies & Resources

Follow Up Appointments

We'll see you back for a follow-up certification exam 4 months from the day you initially set your appointment to help with any necessary adjustments to your cannabis routine. After this follow up you'll be seen every 6 months for follow up and recertification. All follow up certification visits are \$150. We cannot assign a new recommendation without an exam in person. These visits are required by the law.

To make sure no lapses in your certification we regularly book your next visit while you're at our office. As a courtesy notice, you will receive an email notification from us about 1 month prior to your certification expiration. If you would like to change your follow up appointment, please let us know or reschedule online within a minimum 48 hours in advance to avoid a fee.

If you would like a more in-depth level of cannabis care, coaching services (online and in person). Please email info@releafmd.care for further information.

Certifications and Medication Orders

At each visit, we will register your certification into State registry. This certification validates your full legal status for a specific duration of time. We will also register all of your medication orders for the time of your full certification period so that you don't have to contact us for refills in between exams. If you have concerns about your medication or would like to add a delivery route please don't hesitate to contact us. We would be happy to assist you.

Patient Resource Hub

Learning about how cannabis works and the products available will help you to understand your medical cannabis routine and get the most optimum results. To support you in this process we've made a comprehensive Patient Resource Hub on for you to use.

Legal Concerns

As a cannabis patient you must maintain both an active recommendation with your physician and a valid ID card with the State. Your ID card (or temp email) must be maintained on your person whenever possessing medical cannabis. You are only legal to possess products purchased from a State licensed MMTC. Products must be kept in their original packaging. You are not permitted to use any form of Medical Marijuana (high THC) or smokable cannabis in a vehicle, boat, public transportation, or public space. Low THC products (high CBD/low THC) may be used in these settings. While not required, it's wise to keep cannabis medicines in a locked trunk while driving. It is illegal to transfer medications out of the State of Florida or to another person.

Understanding Your Recommendation

Medication Orders

You will be able to access your medical cannabis recommendation in the MMUR. Florida requires that medication orders always include the number of milligrams per dose, number of doses used per day, order duration, and method of delivery. This information serves as a most that is alloud to be consumed and is not considered a recommended dose. There is no way for Dr. King to determine the dosing for medical cannabis. *Start low until you find the right amount and frequency for your needs.*

When Dr. King enters your medication orders the daily dosage amount is multiplied by the number of days of the order. Using the image below as a reference, 400 milligrams once per day for 70 days would equal 28,000 milligrams total. This would allow the you to purchase a maximum amount of 28,000 milligrams of medical marijuana (THC) oral products in that 70 day period.

All of our patients in our clinic will be able to be approved for inhalation, oral, topical, and smoking delivery methods unless discussed otherwise at the time of your appointment. This allows you to select from the majority of products that are available. We schedule our orders at the time of your certifications so you do not have to contact us between appointments for 'refills.'

EXPAND	Open	Smoking Marijuana	11/28/2019	SCOTT GEBHARDT	Yes	35	1/1/2020
COLLAPSE	Open	Medical Marijuana	11/28/2019	SCOTT GEBHARDT	Yes	70	2/5/2020

Oral	Topical	Inhalation
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Route: Oral

Total Amount Ordered: 28000 milligrams

Mg Per Day: 400

Note: This is a recommendation, not a prescription. There is no scientific data regarding specific dosing. Any dose listed is a MAX dose per day. Start low and slowly increase your dose over time. If you experience any anxiety, paranoia, or unwanted side effects with THC products you can use CBD to counteract the effects.

Dispensed On	At	Via	Amount Dispensed	Status
There are no Dispensations recorded for this route.				

Purchasing Medical Cannabis

Once approved by the OMMU, you can contact or visit the licensed MMTc (dispensary) of your choice to purchase any medication. Purchases can be made in person or if you would prefer via delivery (cash on delivery). The MMTc has access to the MMUR and can see the orders that Dr. King has provided for you. You are able to purchase whatever cannabis products you would prefer within your recommendation. During your appointment we will suggest products that we think might work best for your needs. Please bring these suggestions with you to the MMTc.

You do not have to purchase your entire milligram limit during one visit. Instead, the system works like a bank with your purchases deducted from the total available balance whenever you make a purchase. Remaining milligrams are then forfeited on their expiration date. Scheduled orders will start automatically, and reset the available balance. You be able to keep track of the balance in the State Registry.

As a reminder that due to federal banking laws, the majority of MMTCs will not accept Credit or Debit Cards.

Navigating Dispensaries (MMTCs)

In Florida, dispensaries are also called MMTCs or Medical Marijuana Treatment Centers. These companies are integrated vertically, which means they perform every aspects of the process from seed to sale. Each MMTC has different unique products. At the time of your appointment we may recommend certain MMTCs based on what your specific needs are, but we encourage you to try to experiment with different companies until you find the one that best fits. You can purchase from as many dispensaries as you like, given you remain within the confines of your recommendation. You do not have to purchase from one MMTC.

Prior to making a purchase, you should review company websites and product options. Research your condition as well as cannabis to help you choose the products that will best meet your needs. Leafly.com is a great resource for this.

Not all dispenserries are the same. We recommend that you ask informed questions. If you need additional assistance - we can help. If the information you receive from dispensary does not sound right or conflicts with what we've spoken with you please let us know. Dispensary workers are usually entry level retail staff, not medical personnel. Our patient care team is very knowledgeable on both Florida dispensary products and the use of medical cannabis. We would be glad to assist you. We usually recommend avoiding certain dispensaries because of their lack of help as well as poor information.

The truth is prices, products, locations, delivery options, and discounts change between each dispensary. Some of the is information is included in the pages that follow, but they're updated often so please check with the MMTC directly for the up to date information.

If you have an concerns related to the product itself you will have to contact the dispencery it was purchased from. Most MMTCs have standards in place to replace defective product. We are not able to assist with these issues.

Some MMTCs can be crowded and or very busy. If you tend to get anxiety in these settings it might be best you to avoid shopping in store during sales, holidays, and or special events. Utilize delivery services as needed.

Most MMTCs provide the option of online ordering for in store pickup or delivery. This option is perfect for saving time and ensuring stock prior to heading over to the dispensary. Policy varies by MMTC, but most will actually let you know when the order is ready for pick up or if your items aren't in stock.

Current List of Approved MMTCs: <https://knowthefactsmmj.com/mmtc/>

Medical Marijuana Treatment Centers (MMTC)

MMTC locations, discounts, and delivery options change frequently. Please contact MMTCs directly for the most up to date information. Sign up for text/email sale notifications with each MMTC to save money on your purchases.



www.surterrawellness.com
850-391-5455

1st purchase: 15% off
2nd purchase: 20% off

Free Delivery Statewide

15% off Veterans
20% off Pediatrics
Loyalty Program



<https://altmedflorida.com/>
833-880-5420

1st purchase: 25% off

Limited Delivery Area

20% off Veterans
10% off Senior Citizens
20% off industry
Refer a friend program



<https://www.vidacann.com/>
800-977-1686

1st purchase: \$55 off \$100

Free Delivery > \$100

15% off Veterans
15% off Pediatric
15% off Certified Physicians & Staff
Rewards Program



www.libertyhealthsciences.com
833-254-4877

1st purchase 10% off
or \$75 off \$150

Free Delivery

25% off Veterans
25% off First Responder
10% off Financial Assistance
Loyalty Points Program



<https://fl.curaleaf.com/>
Phone by location

1st order: \$50 off \$150
2nd order: \$25 off every \$100
3rd order: \$25 off \$150

Free Delivery

40% off Pediatrics
20% off Veterans
20% off Veterans
20% off Financial Assistance
10% off Senior Citizens
\$15 off one purchase bday month
Rewards Program



www.growhealthy.com
800-619-5288

1st purchase: \$75 off \$150

Free Delivery

30% off Veterans
20% off Financial Hardship
15% off Cannabis Industry
Daily Sales - rotating schedule



<https://risecannabis.com/>
786-540-4910

1st purchase: 25% off

Limited Delivery

25% off Veterans/Military
25% off Birthday
15% off Cannabis Industry
15% off Young at Heart (55+)



<https://www.trulieve.com>
844-878-5438

1st purchase: 15% off

\$25 Statewide Delivery

20% off Veterans
10% off SNAP
\$75 off \$150 to offset ID cost yearly
Truliever Loyalty Points Program



<https://getfluent.com/>
888-441-5669

1st purchase: 25% off
2nd: 50% off up to \$200 order
3rd: Buy One Get One

Free Delivery Statewide
\$25 all other orders

20% off Veterans & Spouses
20% Industry Discount

No discounts on flower
w/exception of Vets
Formerly Knox Medical



<https://col-care.com/florida/>
Phone by Location

15% off Veterans
15% off Senior Citizens
15% off Medicaid/care or SSI/SSDI



<https://oneplant.us/>
877-308-3344

1st purchase: 25% off

Statewide Delivery

20% off Military
10% off Seniors
20% off Cannabis Industry
10% off Economic Hardship



www.harvestinc.com/state/florida/
Phone by Location

1st purchase: BOGO
Capsule, Tincture, or Vape

10% off Veterans
Deal of the Week - See Store



<https://medmen.com/>
Phone by Location

1st Purchase: 15% off

15% off Veterans
15% off Compassionate Discount

Getting the Most Out of Your Medicine: Purchasing Tips

Verify your orders within the [MMUR](#) and understand what Dr. King has recommended for you. As the MMUR can be a little glitchy, we recommend that you check your orders prior to all purchases. You will not be able to purchase without an active order.

Do your research and please compare products across dispensaries. You can ask questions and look for specials and discounts. Use price per milligram to compare the best deals. To determine, divide the price by total # of milligrams. Don't forget to factor in any available discounts.

Example: 230mg vape pen sold for \$25 = $25/230 = \$0.108/\text{mg}$
 600mg vape cart sold for \$74 = $74/600 = \$0.1233/\text{mg}$
 600mg vape cart sold for \$90 = $90/600 = \$0.15/\text{mg}$

Do not purchase a huge quantity of products until you have experiment and know what works best for you. Check websites and plan in advance to reduce the amount of overwhelm in store.

Write down any questions that you have and bring them with you to the dispensary. It's vital to self advocate and ask for assistance when needed, especially if you are a beginning patient.

Make sure to utilize new patient discounts to alleviate the costs of experimentation. Many dispensaries also offer low-income, pediatric, veteran, and reward discounts. Remember to ask "do I have any discounts available today?"

Also sign up for dispensary reward programs and try to utilize your rewards to your advantage. Save your points and stock up. Also sign up for MMTC email and text updates for notifications of sales.

If you already know what you want, order online and schedule pickup rather than having to go directly to the dispensary. You will avoid any unnecessary trips if your items are out of stock and save time in store as you will skip the line.